



XTANDI CAN SLOW ADVANCED PROSTATE CANCER PROGRESSION

In clinical studies, XTANDI was evaluated in men with advanced prostate cancer that:

- Had spread to other parts of the body and still responded to treatment to lower testosterone: XTANDI lowered the chance of progression by 61%
- Had spread to other parts of the body and no longer responded to treatment to lower testosterone: XTANDI lowered the chance of progression by 83%
- Had not spread to other parts of the body and no longer responded to treatment to lower testosterone: XTANDI lowered the chance of progression by 71%

Men in each study either had surgery to lower testosterone or were taking hormone therapy. Progression was defined as the cancer getting worse, as measured by scans, or if the patient died for any reason.

Results may vary. Talk to your doctor.

**Information
to help you get
started on XTANDI**

What is XTANDI? XTANDI is a prescription medicine used to treat men with prostate cancer that:

- no longer responds to a hormone therapy or surgical treatment to lower testosterone
OR
- has spread to other parts of the body and responds to a hormone therapy or surgical treatment to lower testosterone

It is not known if XTANDI is safe and effective in females or children.

Select Safety Information

XTANDI may cause serious side effects including seizure.

If you take XTANDI you may be at risk of having a seizure. Avoid activities where a sudden loss of consciousness could seriously harm you or someone else. Tell your doctor right away if you lose consciousness or have a seizure.

Please see Important Safety Information on pages 25-31 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

 **Xtandi**
(enzalutamide)
40 mg tablets | 80 mg tablets

YOUR XTANDI JOURNEY STARTS HERE

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XTANDI Support Solutions® is dedicated to helping you find support to get your medicine. Call 1-855-8XTANDI and learn more on page 36.

Please see Important Safety Information on pages 25-31 and click here for Patient Information and Full Prescribing Information for XTANDI.



ABOUT XTANDI

- Understanding advanced prostate cancer
- Three forms of advanced prostate cancer
- How XTANDI may help
- How XTANDI works
- Taking XTANDI
- Tips for staying on track

UNDERSTANDING ADVANCED PROSTATE CANCER

When prostate cancer is advanced, it can be treated but not cured

Unlike early-stage prostate cancer, which can sometimes be cured with treatment, advanced prostate cancer cannot be cured.

But the good news is that your doctor has ways to treat it—and one of those ways may be with XTANDI.

Read the next page to understand the 3 forms of advanced prostate cancer that can be treated with XTANDI. Ask your doctor if XTANDI is appropriate for your form of advanced prostate cancer.

Your doctor can tell if your cancer is getting worse or spreading

He or she may look at some indicators like:

- **Your prostate-specific antigen (PSA) level.** Is it rising over time?
- **Your scans.** Do they show tumors getting bigger or new ones developing?

On pages 5-11, see how XTANDI helped with 3 forms of advanced prostate cancer in clinical studies.

Select Safety Information

XTANDI may cause serious side effects including Posterior Reversible Encephalopathy Syndrome (PRES).

If you take XTANDI you may be at risk of developing a condition involving the brain called PRES. Tell your doctor right away if you have a seizure or quickly worsening symptoms such as headache, decreased alertness, confusion, reduced eyesight, blurred vision or other visual problems. Your doctor will do a test to check for PRES.

Please see Important Safety Information on pages 25-31 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.



THREE FORMS OF ADVANCED PROSTATE CANCER

Which form of advanced prostate cancer do you have?

XTANDI is FDA-approved to treat these forms of advanced prostate cancer.



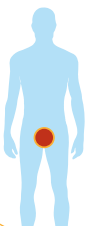
Metastatic castration-sensitive prostate cancer (mCSPC)

- The cancer has spread to other parts of the body
- The cancer responds to a hormone therapy or surgical treatment to lower testosterone



Metastatic castration-resistant prostate cancer (mCRPC)

- The cancer has spread to other parts of the body
- The cancer no longer responds to a hormone therapy or surgical treatment to lower testosterone



Non-metastatic castration-resistant prostate cancer (nmCRPC)

- The cancer has not spread to other parts of the body
- The cancer no longer responds to a hormone therapy or surgical treatment to lower testosterone

Ask your doctor for more information regarding your form of advanced prostate cancer.

Please see Important Safety Information on pages 25-31 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

 **Xtandi**
(enzalutamide)
40 mg tablets | 80 mg tablets

HOW XTANDI MAY HELP



XTANDI in metastatic castration-sensitive prostate cancer (mCSPC)

XTANDI was studied in men with advanced prostate cancer that:

- Was still responsive to hormone therapy or surgical treatment to lower testosterone
- **Had spread** to other parts of the body

This study included 1,150 men. It compared men taking XTANDI with men not taking XTANDI.

All men either had surgery to lower testosterone or continued to take hormone therapy during the study.

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HOW XTANDI MAY HELP (cont'd)

In this study of mCSPC:

XTANDI slowed advanced prostate cancer progression

61%

LOWER
CHANCE

- Men taking XTANDI had a 61% lower chance of their cancer progressing compared with men not taking XTANDI during the study
 - The median* length of time until the cancer got worse[†] was not reached for XTANDI + ADT[‡] vs 19 months for ADT alone
- Progression was defined as the cancer getting worse, as measured by scans, or if the patient died for any reason
- The trial is ongoing to determine effect on overall survival

In this same study:

XTANDI delayed the time to start a new prostate cancer treatment

72%

LOWER
CHANCE

- Men taking XTANDI had a 72% lower chance of starting a new chemotherapy or other cancer drugs than men not taking XTANDI
 - The median time was 30 months for men taking XTANDI + ADT vs not reached for ADT alone

*The median is not the average but the middle of a set of numbers.

[†]The length of time from start of the cancer treatment until the cancer got worse, as measured by scans, or if the patient died for any reason.

[‡]ADT=Androgen Deprivation Therapy.

Results may vary. Talk with your doctor about what this may mean for you.

Select Safety Information

XTANDI may cause serious side effects including heart disease. Blockage of the arteries in the heart (ischemic heart disease) that can lead to death has happened in some people during treatment with XTANDI. Your doctor will monitor you for signs and symptoms of heart problems during your treatment. Call your doctor or go to the emergency room right away if you get chest pain or discomfort at rest or with activity or shortness of breath during your treatment with XTANDI.

Please see Important Safety Information on pages 25-31 and [click here for Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

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HOW XTANDI MAY HELP (cont'd)



XTANDI in metastatic castration-resistant prostate cancer (mCRPC)

XTANDI was studied in men with advanced prostate cancer that:

- No longer responded to hormone therapy or surgical treatment to lower testosterone
- **Had spread** to other parts of the body

This study included 1,717 men. It compared men taking XTANDI with men not taking XTANDI.

These men had not received chemotherapy. **All men either had surgery to lower testosterone or continued to take hormone therapy during the study.**

In this study of mCRPC:

XTANDI slowed advanced prostate cancer progression



- Men taking XTANDI had an 83% lower chance of their cancer progressing compared with men not taking XTANDI during the study
 - The median length of time until the cancer got worse[†] was not reached for men taking XTANDI + ADT vs 4 months for ADT alone
- Progression was defined as the cancer getting worse, as measured by scans, or if the patient died for any reason

See more study results on the next page.

[†]The length of time from start of the cancer treatment until the cancer got worse, as measured by scans, or if the patient died for any reason. Results may vary. Talk with your doctor about what this may mean for you.

Select Safety Information

XTANDI may cause serious side effects including allergic reactions. Allergic reactions have happened in people who take XTANDI. Stop taking XTANDI and get medical help right away if you develop swelling of the face, tongue, lip or throat.

Please see Important Safety Information on pages 25-31 and [click here for Patient Information and Full Prescribing Information for XTANDI.](#)

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HOW XTANDI MAY HELP (cont'd)

In this same study in men with mCRPC: XTANDI helped men live longer

(compared with men not taking XTANDI during the study)

The following numbers are the **median**. The median is not the average but the middle of a set of numbers.

Taking XTANDI

35 MONTHS

Not Taking XTANDI

31 MONTHS

The median overall survival was 35 months for men taking XTANDI + ADT^{*} vs 31 months for ADT alone.

XTANDI delayed the median time before men began chemotherapy

(compared with men not taking XTANDI during the study)

The following numbers are the **median**. The median is not the average but the middle of a set of numbers.

Taking XTANDI

28 MONTHS

Not Taking XTANDI

11 MONTHS

During the study, XTANDI delayed the median time before men began chemotherapy: 28 months for men taking XTANDI compared with 11 months for men not taking XTANDI.

*ADT=Androgen Deprivation Therapy.

Results may vary. Talk with your doctor about what this may mean for you.

Select Safety Information

XTANDI may cause serious side effects including falls and fractures. XTANDI treatment may increase your risk for falls and fractures. Falls were not caused by loss of consciousness or seizures. Your doctor will monitor your risks for falls and fractures during treatment with XTANDI.

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HOW XTANDI MAY HELP (cont'd)



XTANDI in non-metastatic castration-resistant prostate cancer (nmCRPC)

XTANDI was studied in men with advanced prostate cancer that:

- No longer responded to hormone therapy or surgical treatment to lower testosterone
- **Had not spread** to other parts of the body

This study included 1,401 men. It compared men taking XTANDI with men not taking XTANDI.

These men had not received chemotherapy. **All men either had surgery to lower testosterone or continued to take hormone therapy during the study.**

See study results on the next page.

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HOW XTANDI MAY HELP (cont'd)

In this study of nmCRPC: XTANDI slowed advanced prostate cancer progression



- Men taking XTANDI had a 71% lower chance of their cancer spreading compared with men not taking XTANDI during the study
 - The median length of time until the cancer spread was 37 months for XTANDI + ADT vs. 15 months for ADT alone
- Progression was defined as the cancer spreading, as measured by scans, or if the patient died for any reason



XTANDI in non-metastatic castration-resistant prostate cancer (nmCRPC)

In this study of nmCRPC: XTANDI helped men live longer

(compared with men not taking XTANDI during the study)

The following numbers are the **median**. The median is not the average but the middle of a set of numbers.

Taking XTANDI

67 MONTHS

Not Taking XTANDI

56 MONTHS

Results may vary. Talk with your doctor about what this may mean for you.

Select Safety Information

The most common side effects of XTANDI include: weakness or feeling more tired than usual, back pain, hot flashes, constipation, joint pain, decreased appetite, diarrhea, and high blood pressure.

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HOW XTANDI WORKS

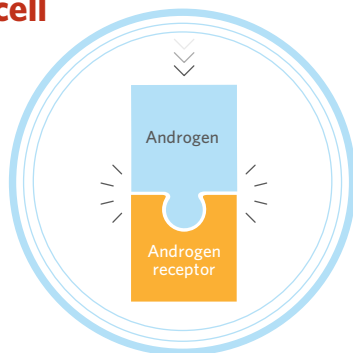
How XTANDI works in prostate cancer cells

XTANDI is an androgen receptor inhibitor. Androgens are a group of hormones that includes testosterone. Androgen receptor inhibitors interfere with the connection between androgens and androgen receptors. This can help slow cancer cell growth.

Imagine the inside of a prostate cancer cell as a puzzle

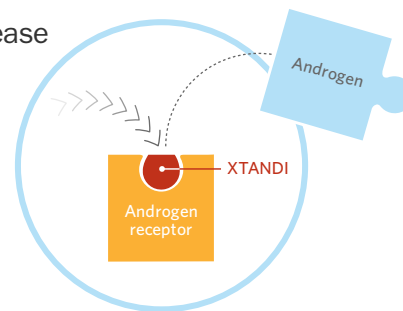
Prostate cancer cell

When androgen connects with an androgen receptor, it may cause tumor cells to grow.



How XTANDI works

XTANDI helps to decrease how often androgen can connect with an androgen receptor. As a result, the prostate tumor may stop growing and the cancer cells may die.



This is how XTANDI was shown to work in laboratory studies. Clinical significance is unknown.

Select Safety Information

XTANDI may cause fertility problems in males, which may affect the ability to father children. Talk to your doctor if you have concerns about fertility.

Please see Important Safety Information on pages 25-31 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

TAKING XTANDI

Take XTANDI exactly as your doctor tells you

Take your prescribed dose once a day, at the same time each day. Your doctor may change your dose if needed. Do not change or stop taking your prescribed dose of XTANDI without talking with your doctor first.

- **XTANDI can be taken with or without food**
- **Swallow XTANDI capsules or tablets whole.** Do not chew, dissolve, or open the capsules. Do not cut, crush, or chew the tablets
- **If you are receiving gonadotropin-releasing hormone (GnRH) therapy,** you should continue with this treatment while taking XTANDI unless you have had surgery to lower the amount of testosterone in your body (surgical castration)

If you miss a dose, take your prescribed dose as soon as you remember that day.

If you forget to take your dose for the whole day, take your normal dose the next day at your regular time.

Do not take more than your prescribed dose of XTANDI each day.



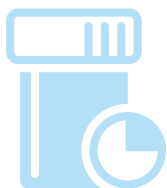
If you take too much XTANDI:

- Call your doctor or
- Go to the nearest emergency room right away

You may have an increased risk of seizure if you take too much XTANDI.

TIPS FOR STAYING ON TRACK

Use these tips to keep up with taking your medicine as directed by your doctor



Take XTANDI when you do another daily activity, such as after brushing your teeth.



Set an alarm to help you remember to take XTANDI at the same time each day.



Use the pill tracker you may have received with your Starter Kit.



"After the initial shock of diagnosis, I looked for a plan of attack."

-Ken, an XTANDI patient

HELPFUL TIPS AND HINTS FOR YOUR DAILY HEALTH

- Maintaining a healthy routine
- Tips to help manage symptoms you may experience
- Keeping an open line of communication

MAINTAINING A HEALTHY ROUTINE

Helpful Tips

It's important to do your best to take care of yourself while living with your disease. Exercising and eating a well-balanced diet can help. The tips below are for patients with cancer in general but have not been studied with XTANDI. Make sure you talk with your healthcare team before deciding if any of these tips may be right for you.



The benefits of physical activity

Living with your disease doesn't mean you can't be active. Light exercise during cancer treatments has been linked to physical and emotional benefits, such as:

- Improving self-esteem
- Lowering the risk of feeling anxious and depressed
- Lessening symptoms of fatigue
- Helping control weight

When exercising during treatment, it's important to listen to your body. Be sure to talk with your doctor to create a routine that is safe for you.



Adding physical activity to your daily routine

Here are some simple ways to add physical activity to your daily routine. Ask a friend or family member to join you.

- Walk around your neighborhood
- Ride your bike
- Rake the leaves
- Wash your car
- Work in your garden
- Take the stairs

Remember to talk to your doctor before starting any physical activity routine.

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MAINTAINING A HEALTHY ROUTINE (cont'd)

Helpful Tips

It's important to do your best to take care of yourself while living with your disease. Exercising and eating a well-balanced diet can help. The tips below are for patients with cancer in general but have not been studied with XTANDI. Make sure you talk with your healthcare team before deciding if any of these tips may be right for you.



The benefits of good nutrition

Food plays an essential role in the way your body functions. That's why it's important to eat foods that are healthy and rich in nutrients. A healthy diet can help you:

- Feel more energetic
- Keep a healthy weight

Eating well can mean something different for everyone, so it's important to work with your doctor or dietitian to create a plan that works for you.



Creating a healthy diet

Getting the right nutrients can help you during treatment:

- Proteins are essential to help you keep a healthier immune system

Try: Fish, poultry, nuts and nut butters, or lentils

- Carbohydrates provide your body with energy for physical activity

Try: Whole grains (like quinoa or brown rice), fruits, and vegetables

- Water helps your body stay hydrated

Try: Drinking at least eight 8-ounce cups of water per day to stay hydrated

Talk to your doctor to determine the right plan for you.

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TIPS THAT MAY HELP YOU MANAGE SYMPTOMS

These tips come from organizations that focus on supporting people with cancer; they have not been studied with XTANDI. It's important to keep track of any symptoms you're experiencing and share them with your doctor. Talk with your healthcare team to determine if these tips may be right for you.

You May Experience Feeling Tired



Try to exercise

Exercise can help you feel better both physically and mentally. It may also help increase your energy level. If you decide to exercise, make sure to check with your doctor about healthy ways to add it to your routine.



Focus on relaxing

You can also try doing things that can help you relax but that require little energy, like reading, listening to music, or meditating. If you're feeling stressed, it might help if you talk to other men living with advanced prostate cancer. Support groups can be a great place to start.



Stick with a consistent sleep schedule

Try to sleep 7 to 8 hours each night. Also, try to limit your naps to under 30 minutes. If you can, avoid foods and drinks high in caffeine at night.



Talk with your healthcare team or dietitian about managing your diet

Work with them to create an eating plan that includes the right amount of nutrients and liquids your body needs. This includes foods you should be eating and foods you may want to avoid.

TIPS THAT MAY HELP YOU MANAGE SYMPTOMS (cont'd)

You May Experience Pain



Keep a pain journal to share with your healthcare team

Keeping a journal can help you keep track of exactly when you felt the pain, how long it lasted, and what you were doing when the pain started. Try to rate the pain on a scale of 0 to 10, with 10 being the highest. If you are having pain, make sure to talk with your healthcare team to find ways to help you.



Try using hot or cold compresses

Start with short applications of 5 to 10 minutes at moderate temperatures. Do not apply heat or cold directly to bare or injured skin, areas that are numb, or areas that have received recent radiation therapy. Discuss this approach with your doctor and follow any special instructions.



Talk with your doctor about medicines that may help reduce bone pain

He or she may recommend certain medicines to help reduce your pain.

These tips come from organizations that focus on supporting people with cancer; they have not been studied with XTANDI. It's important to keep track of any symptoms you're experiencing and share them with your doctor. Talk with your healthcare team to determine if these tips may be right for you.

TIPS THAT MAY HELP YOU MANAGE SYMPTOMS (cont'd)

You May Experience Weakness



Drink liquids, especially water

Your body needs water to do its work. Talk to your healthcare team about how much water to drink each day.



Stay active

Try going for short walks or doing light stretching exercises. Talk with your healthcare team about other types of exercises that may help you feel better.



Get a good night's sleep

If you feel tired during the day, it's okay to rest and take a nap to help increase your energy level. Try to keep your naps short and early in the day so they don't interfere with nighttime sleep.

These tips come from organizations that focus on supporting people with cancer; they have not been studied with XTANDI. It's important to keep track of any symptoms you're experiencing and share them with your doctor. Talk with your healthcare team to determine if these tips may be right for you.

TIPS THAT MAY HELP YOU MANAGE SYMPTOMS (cont'd)

You May Experience Hot Flashes



Try to lower your body's temperature

As a start, try wearing loose-fitting cotton clothing. You might also want to keep a fan running and your windows open—this can help circulate the air throughout your home.

Try relaxation techniques

If you can, try taking slow, deep breaths to help you relax.

It's important to talk with your doctor or nurse about any symptoms you experience and ways to help manage them.

These tips come from organizations that focus on supporting people with cancer; they have not been studied with XTANDI. It's important to keep track of any symptoms you're experiencing and share them with your doctor. Talk with your healthcare team to determine if these tips may be right for you.

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KEEPING AN OPEN LINE OF COMMUNICATION

Tips to help improve communication

Good communication is more than telling your healthcare team how you are doing. It means having open and honest conversations. The tips below can help you get started.

Communicating with your healthcare team

- Make a list of questions and concerns before you go to your appointment, including notes on how you're feeling
- Take notes (or ask your caregiver to take notes) when your doctor gives you any instructions or tells you important information
- Always make sure you understand what your doctor or nurse is telling you. It may help to repeat back to them in your own words what you are told
- After each appointment, review your notes and focus on what you think are the most important things you talked about with your doctor or nurse



Bring a friend or family member to all of your appointments:

- They can help you remember what your doctor or nurse tells you
- They may also be able to help you give the doctor or nurse more information about how you are doing

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KEEPING AN OPEN LINE OF COMMUNICATION (cont'd)

Talking with family and friends

Your family and friends care about you the most. But it may not always be easy to be completely open or honest with them about how you're feeling.

Here are some tips to help you talk with family and friends:

- Set aside time to talk with them about what is on your mind
- Practice what you want to say
- Find a time when both of you are open to talking
- After talking, plan additional conversations you may want to have in the future

Connecting with other patients

Support groups can be a good way for you to share your experiences and to hear from other men about theirs. Talking and listening to other men can help you feel supported and keep you motivated. It can also help you feel more comfortable being open about the way you're feeling. Visit XTANDI.com to learn more.



Don't be afraid to ask questions. Remember, your healthcare team is here to support you. Make a list before each appointment so you remember what you want to ask or say.

INDICATION AND IMPORTANT SAFETY INFORMATION

- What is XTANDI?
- Important Safety Information
- Possible side effects

INDICATION AND IMPORTANT SAFETY INFORMATION

WHAT IS XTANDI?

XTANDI is a prescription medicine used to treat men with prostate cancer that:

- no longer responds to a hormone therapy or surgical treatment to lower testosterone
- OR
- has spread to other parts of the body and responds to a hormone therapy or surgical treatment to lower testosterone

It is not known if XTANDI is safe and effective in females or children.

WHAT SHOULD I TELL MY DOCTOR BEFORE TAKING XTANDI?

Tell your doctor about all your medical conditions, including if you:



Have a history of seizures, brain injury, stroke, or brain tumors.



Have a history of heart disease, have high blood pressure, or have abnormal amounts of fat or cholesterol in your blood (dyslipidemia).

IMPORTANT SAFETY INFORMATION (cont'd)



Are pregnant or plan to become pregnant.

XTANDI can cause harm to your unborn baby and loss of pregnancy (miscarriage).



Have a partner who is pregnant or may become pregnant.

- Males who have female partners who are able to become pregnant should use effective birth control (contraception) during treatment with XTANDI and for 3 months after the last dose.
- Males must use a condom during sex with a pregnant female.



Are breastfeeding or plan to breastfeed.

It is not known if XTANDI passes into your breast milk.



Take other medicines.

XTANDI may affect the way other medicines work, and other medicines may affect how XTANDI works. These include prescription and over-the-counter medicines, vitamins, and herbal supplements. Do not start or stop any medicine without talking to your doctor.

IMPORTANT SAFETY INFORMATION (cont'd)

HOW SHOULD I TAKE XTANDI?



Take XTANDI exactly as your doctor tells you.

Take your prescribed dose once a day, at the same time each day. XTANDI can be taken with or without food. Swallow XTANDI capsules or tablets whole. Do not chew, dissolve, or open the capsules. Do not cut, crush or chew the tablets. Your doctor may change your dose if needed.



Do not change or stop taking your prescribed dose of XTANDI without talking with your doctor first.



If you are receiving gonadotropin-releasing hormone (GnRH) therapy, you should continue with this treatment while taking XTANDI unless you have had surgery to lower the amount of testosterone in your body (surgical castration).

IMPORTANT SAFETY INFORMATION (cont'd)



If you miss a dose of XTANDI:

Take your prescribed dose as soon as you remember that day. If you miss your daily dose, take your prescribed dose at your regular time the next day. Do not take more than your prescribed dose of XTANDI each day.

If you take too much XTANDI:

Call your doctor or go to the nearest emergency room right away. You may have an increased risk of seizure if you take too much XTANDI.

IMPORTANT SAFETY INFORMATION (cont'd)

WHAT ARE THE POSSIBLE SIDE EFFECTS OF XTANDI?

XTANDI may cause serious side effects including:



Seizure

If you take XTANDI, you may be at risk of having a seizure. Avoid activities where a sudden loss of consciousness could seriously harm you or someone else. Tell your doctor right away if you lose consciousness or have a seizure.



Posterior Reversible Encephalopathy Syndrome (PRES)

If you take XTANDI you may be at risk of developing a condition involving the brain called PRES. Tell your doctor right away if you have a seizure or quickly worsening symptoms such as headache, decreased alertness, confusion, reduced eyesight, blurred vision, or other visual problems. Your doctor will do a test to check for PRES.



Allergic Reactions

Allergic reactions have happened in people who take XTANDI. Stop taking XTANDI and get medical help right away if you develop swelling of the face, tongue, lip or throat.

IMPORTANT SAFETY INFORMATION (cont'd)



Heart Disease

Blockage of the arteries in the heart (ischemic heart disease) that can lead to death has happened in some people during treatment with XTANDI. Your doctor will monitor you for signs and symptoms of heart problems during your treatment. Call your doctor or go to the emergency room right away if you get chest pain or discomfort at rest or with activity or shortness of breath during your treatment with XTANDI.



Falls and Fractures

XTANDI treatment may increase your risk for falls and fractures. Falls were not caused by loss of consciousness or seizures. Your doctor will monitor your risks for falls and fractures during treatment with XTANDI.

Your doctor will stop treatment with XTANDI if you have serious side effects.

IMPORTANT SAFETY INFORMATION (cont'd)

WHAT ARE THE POSSIBLE SIDE EFFECTS OF XTANDI?



The most common side effects of XTANDI include:

- Weakness or feeling more tired than usual
- Back pain
- Hot flashes
- Constipation
- Joint pain
- Decreased appetite
- Diarrhea
- High blood pressure

XTANDI may cause fertility problems in males, which may affect the ability to father children. Talk to your doctor if you have concerns about fertility.

These are not all the possible side effects of XTANDI. For more information, talk to your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

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SUPPORT FOR XTANDI

- How to get XTANDI
- XTANDI Support Solutions®
- Questions to ask at your next appointment

HOW TO GET XTANDI

There are 2 ways to get XTANDI

It's important to know that XTANDI is not available at your local pharmacy.

1 Specialty pharmacy

In most cases, your doctor will send your XTANDI prescription to a specialty pharmacy. A specialty pharmacy fills prescriptions for medicines that you can't get at your regular pharmacy.

One benefit of getting XTANDI from a specialty pharmacy is that your medicine will be mailed right to your home. The specialty pharmacy will call you to arrange the delivery of your medicine.

2 Pharmacy in your doctor's office

In some cases, your doctor's office may have its own pharmacy that can fill your XTANDI prescription.



XTANDI Support Solutions can help you get XTANDI

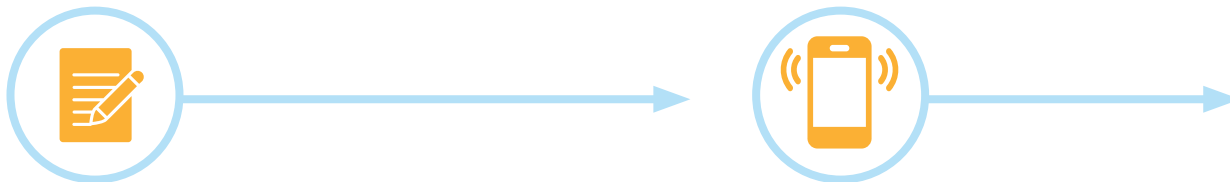
Our dedicated access specialists are here to help.

Call **1-855-8XTANDI** (1-855-898-2634).

HOW TO GET XTANDI (cont'd)

Getting XTANDI from a specialty pharmacy

Here's how the process typically works, plus a few tips to help ensure it goes as smoothly as possible.



At your doctor's office: A member of your healthcare team will fill out the insurance forms with you. They will send your prescription to a specialty pharmacy or XTANDI Support Solutions to help with the process.

Tip At your appointment, confirm that your forms are complete and correct.

A few days after your appointment: The specialty pharmacy will call you about your out-of-pocket costs and arrange the delivery of your medicine. You may also receive a call from XTANDI Support Solutions if there are any questions about your insurance forms.

Tip Reach out to your doctor if you haven't heard from your specialty pharmacy within a few days.

Please see Important Safety Information on pages 25-31 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.


40 mg tablets | 80 mg tablets

HOW TO GET XTANDI (cont'd)



When it's time for delivery: XTANDI may be delivered right to your home.

Tip If you haven't received your medicine, call your doctor or specialty pharmacy.



When it's time for a refill: Your specialty pharmacy will call you to arrange a refill.

Tip Contact your specialty pharmacy 2 weeks before your medicine is going to run out if you have not heard from them.



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XTANDI SUPPORT SOLUTIONS



XTANDI Support Solutions offers resources based on your specific needs, including help getting XTANDI based on your insurance coverage. Call us today to get personalized support at **1-855-8XTANDI (1-855-898-2634)**. We're available Monday through Friday, 8 AM to 8 PM ET.



Help getting XTANDI

Our dedicated access specialists will work closely with you and your healthcare team to help make getting XTANDI from a specialty pharmacy as simple as possible.

We can help with:

- Making sure your healthcare team has the paperwork they need to submit to your insurance company
- Arranging for the delivery of XTANDI through a specialty pharmacy to help you start your medicine as soon as possible

Please see Important Safety Information on pages 25-31 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

XTANDI SUPPORT SOLUTIONS (cont'd)

Help paying for XTANDI

By calling **1-855-8XTANDI (1-855-898-2634)**, you can speak to a dedicated access specialist who can help you find ways to pay for XTANDI. We can also answer questions about insurance coverage and your out-of-pocket costs.

If you're commercially insured:



The XTANDI Patient Savings Program* allows eligible patients with commercial prescription insurance to **pay as little as \$0 per prescription.**

Enroll at ActivateTheCard.com/XTANDISavings.

If you're on Medicare Part D:

We can provide information about other resources that may be able to help.[†]

If you're uninsured:

The Astellas Patient Assistance Program provides XTANDI at no cost to patients who meet the program eligibility requirements.[‡] All patients in this program who qualify receive their XTANDI prescription at no cost.

*By enrolling in the XTANDI Patient Savings Program ("Program"), you acknowledge that you currently meet the eligibility criteria and will comply with the following terms and conditions: The Program is for eligible patients with commercial prescription insurance for XTANDI. The Program is not valid for patients whose prescription claims are reimbursed, in whole or in part, by any state or federal government program, including, but not limited to, Medicaid, Medicare, Medigap, Department of Defense (DoD), Veterans Affairs (VA), TRICARE, Puerto Rico Government Insurance, or any state patient or pharmaceutical assistance program. Patients who move from commercial insurance to federal or state health insurance will no longer be eligible, and agree to notify the Program of any such change. Patients agree not to seek reimbursement from any health insurance or third party for all or any part of the benefit received by the patient through the Program. This offer is not conditioned on any past, present, or future purchase of XTANDI. This offer is not transferrable and cannot be combined with any other offer, free trial, prescription savings card, or discount. This offer is not health insurance and is only valid for patients in the 50 United States, Washington DC, Puerto Rico, Guam and Virgin Islands. This offer is not valid for cash paying patients. This Program is void where prohibited by law. No membership fees. It is illegal to sell, purchase, trade, counterfeit, duplicate, or reproduce, or offer to sell, purchase, trade, counterfeit, duplicate, or reproduce the card. This offer will be accepted only at participating pharmacies. Certain rules and restrictions apply. Astellas reserves the right to revoke, rescind, or amend this offer without notice.

[†]XTANDI Support Solutions has no control over the decisions made by and does not guarantee support from independent third parties.

*Subject to eligibility. Void where prohibited by law.

Please see Important Safety Information on pages 25-31 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.



QUESTIONS TO ASK AT YOUR NEXT APPOINTMENT

Your health is a team effort. We've created this document to help you and your doctor come up with a game plan. To help you be a key player in your health, here are some questions you may want to ask your doctor:

Is XTANDI an appropriate treatment for me?

When should I take XTANDI?

Can I take other medications while taking XTANDI?

What kind of side effects could I expect? How can I manage them?

How do I get XTANDI? Is there support assistance available to help me pay for XTANDI?

How is XTANDI different from my past treatments?



To learn about resources that can help you get XTANDI, call XTANDI Support Solutions® at 1-855-8XTANDI.



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